August 3

Teach Us To Pray

Often it is said, I do not know how to pray. Jesus gave us model prayer. 1. Address God with reverence. 2. Acknowledge the power and authority of God in the world past, present and future. 3. Make your request known to the Lord. 4. Confess your sins seeking forgiveness and offering forgiveness to those who sin against you. 5. Ask for protection from the forces of evil within and without. 6. Give God the glory for the victory.

Here is the traditional prayer adapted from the gospels. You may want to learn it.

“Our Father, which art in heaven,
Hallowed be thy Name.
Thy Kingdom come.
Thy will be done in earth,
As it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive them that trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
The power, and the glory,
For ever and ever. Amen.”

Submitted by Rev. Annie Travis