God is Our Refuge and Strength

August 12, 2013

“God is our refuge and our strength, a very present help in trouble.” (Psalm 46:1)

Have you ever pondered the paradox of life? Have you ever observed how both strength and weakness coexist? Our God is an awesome God.

Prayer: O Lord, you are the One who reigns in all the universe. My Lord, you are the only One whose trust is immovable. You are the All Powerful One and the Great Protector. All hail the power of the Almighty Ever-present One!

All the worlds around me collapse, and all the worlds within me explode. The floods of fear rush to engulf me like a violent tsunami. Nations launch war after war with intentions to annihilate. Cultures slice and dice each other into unrecognizable pieces of matter. Races of people plot evil genocide to destroy and dominate one another. Religions rage over differences and become blind to your intentional interconnections among us. All hail the power of the Almighty Ever-present One!

Your steadfast love pours out like many inland waterways with many canals and channels. Along the banks, beaches, and seashores are fields of trees, flowers, fruits, and vegetation. Algae, bacteria, dead branches and dead leaves live in harmony with the surrounding beauty. Birds and bees soar among trees and the wild animals roam free on the ground. Fish swim gracefully through clear waters and sea monsters lie dormant at the bottom of the sea. All hail the power of the Almighty Ever-present One.

Yet this is the home of God. Freedom rings. The doors are open, the windows are raised high, and the ceiling and roof are transparent. A floor of peace is the foundation that sustains all creation. An invisible protective mass of air is the very breath of life. The intricate wiring and plumbing of faith allows one to see and hear the voice of God calling. All hail the power of the Almighty Ever-present One! Amen.

Submitted by Rev. Annie Travis